



**COLD ITEMS OFFERED WILL VARY DAILY:**

ASSORTED FRUIT & 100% FRUIT JUICES, CHEF SALADS, SIDE SALADS & FRESH VEGETABLES, VARIETY OF SANDWICHES – TURKEY, TURKEY & CHEESE, HAM, HAM & CHEESE, & PEANUT BUTTER/JELLY.

School Nutrition Department: (931) 388-8403



**School Reimbursable Meal Pattern**

All reimbursable meals **MUST** have a FRUIT or VEGETABLE on the tray. Students may decline 2 of the 5 meal components – Meat, Grain, Fruit, Vegetable and Milk but cannot decline BOTH Fruit and Vegetable.

Meal Price: K-12 **NO COST** Adults: \$3.50

Menu Subject to Change

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**Meatball Sub** 1  
Broccoli & Cheese

**Big Daddy's Pizza** 2  
Corn  
Cookie

**5**  
**Nutrition Tip:** Make half your plate veggies and fruits. Vegetables and fruits are full of nutrients that support good health. Choose fruits and red, orange, and dark-green vegetables such as tomatoes, sweet potatoes, and broccoli. Reference: USDA MyPlate

**6**

**7**  
**FALL BREAK**

**8**  
→

**9**  
→

**12**  
**Chicken Smackers or Blazin Smackers**  
Corn

**13**  
**Frito Taco Salad**  
Refried Beans

**14**  
**Pork Chop**  
Mashed Potatoes

**15**  
**Chicken Parmesan**  
Green Beans

**16**  
**Big Daddy's Pizza**  
Side Salad  
Cookie

**19**  
**Chicken Strips**  
Crinkle Fries

**20**  
**Hot Ham & Cheese Croissant**  
Broccoli & Cheese

**21**  
**Mini Corn Dogs**  
Smiley Fries

**22**  
**Spaghetti**  
Italian Blend

**23**  
**Big Daddy's Pizza**  
Corn on the Cob  
Cookie

**26**  
**BBQ Sandwich**  
Tater Tots

**27**  
**Beefy Cheesy Nachos**  
Refried Beans

**28**  
**County Fried Steak & Gravy**  
Mashed Potatoes

**29**  
**Lasagna**  
Green Bean

**30**  
**Big Daddy's Pizza**  
Side Salad  
Cookie